



Campus

A flexible and adaptable program designed to meet the needs of youth 11-21 who need alternative spaces to mainstream educational classrooms to re-engage in their education.

Monday-Thursday: 8:00-3:00

Friday: 8:00-12:00



Information Package



Welcome

Welcome to Youth Campus 2023. Youth Campus is a flexible and adaptable program designed to meet the needs of youth who need alternative spaces to traditional educational classrooms. The goal of our program is to support your mental wellness, educational, employment, personal development and social needs. We are excited to meet you and be a part of your educational journey.

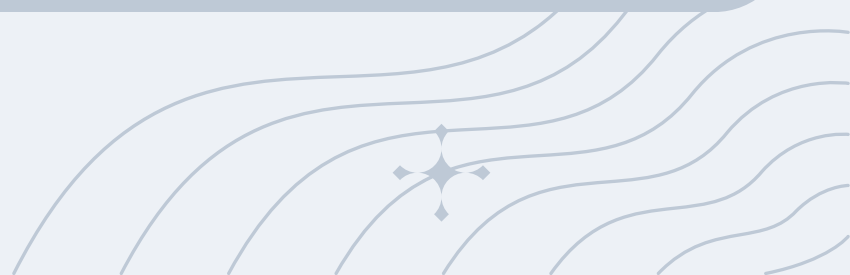



Schedule

Our programming runs from 9:00 am until 3:00 pm, but the building opens at 8:00 if you need somewhere to be. We provide lunch around 12:00 everyday.

Our daily schedule is attached to this document. While nothing at Youth Campus is mandatory, youth are encouraged to participate throughout the day. Those who choose to be in the space during the day but not participate in programming should be aware that all video games, computer games and loud activities (pool table, air hockey table, etc.) are closed, except during free time (8:00-9:00) and lunch (12:00-12:30). There are occasionally scheduled activities (i.e. workshops, presentations, outings, etc.) that you will be given advanced notice of to plan around if you'd like to attend.

Youth are welcome to come and go as you need to throughout the day for appointments etc. In order for you to get the most out of the program, the more you can be here, the better. It is a drop-in program, so you don't need to give us a heads up before you come or if you won't be here.



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Education

Youth come to us from a variety of backgrounds. If you are currently registered in an educational program (through the district, homeschooling, etc.), we ask that you please bring any assignments/projects/homework you might have to work on. We provide hands-on support in completing educational assignments, but we can not provide a curriculum.

If you are not currently registered in school, that's okay. We can help you take the next steps to do so when you feel ready. We have some practice work, as well as an IXL subscription for you to use. Our program is here to meet your needs, and we will meet you where you're at in your education journey, with no pressure.

Daily Activities

There are 2 group activities each day. One will be an arts-based activity and the other is a social activity designed to give youth an opportunity to connect with other youth and youth leaders, while learning about themselves, mental wellness, life skills or new hobbies. We are always open to suggestions for what to do each day- let us know if there is something you'd like to try and we'll do our best to make it happen.

Quiet Hour

It's really easy to get caught up in busy days and not prioritize time for ourselves. Quiet hour happens everyday, and is designed to allow you some independent time to rest, nap, recharge or do the things that brings you joy. We have books, cards, board games, and art supplies that you can use, but feel free to bring things you already have that you might want to do.

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Volunteering

We aim to do a community project or volunteer project once a week. If you have suggestions for things you'd like to do to contribute to our local community, let us know! Some things we do include working with the kindergarten program, at seniors homes, community art projects, and helping at the food bank.

Resources

There are a lot of resources here at the centre for you to access. We have a hygiene product pantry, a full shower, a small clothing selection, and school supplies if needed. We have 10 laptops that can be used throughout the day, as well as Wi-Fi in the centre. Please don't hesitate to communicate with us about what you need while you're here. Feel free to bring your own electronics or things from home that you might need/want while you're here. We do not allow drugs, alcohol, or weapons of any kind.

There is a team of 2 Youth campus staff and an education leader that you will work with during the day. We are a diverse team with a wide variety of special interests and areas of expertise. You are more than welcome to approach any of us at any time if you have questions/needs/concerns or just need someone to talk to. You can expect anywhere from 1-10 other youth to be at the centre during the day with you- occasionally some days are busier. We actively work to make this space as safe as possible for everyone- please let us know if there is something we can do to help make the space safer/more accessible to you.




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Final Thoughts

The first day of Youth Campus for the year is September 5th 2023. If it's your first time in the space, there will be a short registration form for you to fill out (no parental consent is required). On the first day you can expect to meet the youth campus team, spend some time with other youth as well as help us get to know you better so we can make this program the best in can be for you. If you'd like to arrange to tour the space and meet us before you come, please feel free to reach out to us and we'd be happy to make arrangements.

We want to make sure that you know that this space is here for you. We are always happy to chat with you about how we can make this program more beneficial for you or help you meet your needs better. With that in mind, our program is dynamic

If you have any questions at anytime, please feel free to reach out! The best form of contact is by text (403-715-0853), but you can also give us a call at the same number or send us an email (youthcampus@bgclethbridge.com) and we will get back to you ASAP!



YOUTH CAMPUS SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00-9:00	FREE TIME	FREE TIME	FREE TIME	FREE TIME	FREE TIME
9:00-9:15	CHECK IN	CHECK IN	CHECK IN	CHECK IN	CHECK IN
9:15-10:15	EDUCATION	EDUCATION	EDUCATION	EDUCATION	EDUCATION
10:15-11:00	ARTS ACTIVITY	ARTS ACTIVITY	VOLUNTEERING	ARTS ACTIVITY	ARTS ACTIVITY
11:00-12:00	EDUCATION	EDUCATION	EDUCATION	EDUCATION	LUNCH
12:00-12:30	LUNCH	LUNCH	LUNCH	LUNCH	DROP IN STARTS
12:30-1:30	QUIET HOUR	QUIET HOUR	QUIET HOUR	QUIET HOUR	DROP IN
1:30-2:00	GROUP ACTIVITY	GROUP ACTIVITY	GROUP ACTIVITY	GROUP ACTIVITY	DROP IN
2:00-3:00	EDUCATION	EDUCATION	EDUCATION	EDUCATION	DROP IN

Lunch / Snack Menu



M Grilled Cheese

T Chicken Hot Dogs

W Turkey Wraps

Th Mac and Cheese

F Pulled BBQ Chicken

Lunch / Snack Menu



M Ceasar Wraps

T Pizza Buns

W Chicken Hot Dogs

Th Grilled Cheese

F Taco Salad